

Newsletter

Love

Universal Mom

JANUARY 2020

What an incredible time we had during our “Authentic Writer’s Empowerment Program.” The students were able to start with a writing prompt after listening to true story about someone famous. It was amazing how the momentum of the story activated the student’s creativity and writing.

**HELPING
CHILDREN AND
TEENS UNCOVER
THEIR TALENTS
THROUGH THE
ART OF WRITING
WITH RUTH KLEIN**



www.universalmom.org

HERE ARE THREE IDEAS FOR GETTING YOUR CHILD TO OPEN UP AND TALK.



1. Ask open ended questions...it’s too easy for a child to say, “I don’t know,” or give a one or two phrase statement. You want to allow them to think outside the box.
2. Listen to anything and everything they say without interrupting...they are on a train of thought. By not interrupting, the child and teen feel heard.
3. Acknowledge whatever they say as supportive (unless destructive)... they want to feel acknowledged and not judged.